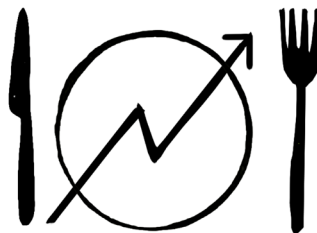


Collective kitchen-Food distribution



Every Monday at 16:00

at the self-organised space Ano-Kato Patision (Naxou 75 and Krassa)

We are meeting all together to eat, get to know each other and talk about our needs and desires. We don't just distribute food, we share it. We are all equal when it comes to hunger and food. It doesn't matter if we are locals or migrants, women or men (cis or trans), gay or straight, young or old, with or without family. We don't ask for coupons or IDs. We do not collect votes, we do not cooperate with the Municipality of Athens, the church or NGOs.

We fight against poverty, segregation and loneliness. We are here for our community, and as it grows stronger, so will our resistance to class and racist politics. This collective kitchen is not the ultimate solution, it is a proposal for self-organization and an attempt to deal with our problems. We want a neighbourhood in which we can live without fear. We are not gonna fight each other, but stay united.

At 13:30 we meet for cooking and at 16:00 we sit at the table where we get to know each other and talk. At 18:00 the assembly starts, where after deciding on the menu and the availabilities for the following week, we discuss the cases that we undertake to support as a mutual aid structure.

The food we eat here is cooked by us, for ourselves and for the people who want to share it with us. In order to continue our action, we invite you to support the kitchen with availability for cooking and donations of products (rice, lentils, pasta, olive oil etc.). We are here every Monday from 13:30 to 19:30.